

# Pro-Health & Fitness Center



With locations in Melbourne, Palm Bay and Merritt Island, Pro Health offers flexible month-to-month membership that covers the latest in state-of-the-art health and fitness at all three facilities’.

Pro Health at Melbourne and Merritt Island offers spa services at The Spa.

## **The locations of all three facilities are as follows:-**

**611 E. Sheridan Road, Melbourne**

**5270 Babcock St NE, Palm Bay**

**255 Borman Drive, Merritt Island**

## **Contact information for all three facilities is as follows:-**

**Melbourne (321) 434 7149**

**Palm Bay (321) 722 5943**

**Merritt Island (321) 434-5801**

## **Hours of operation are as follows**

### **For Melbourne, Palm Bay and Merritt Island:-**

**Monday – Thursday 5.30am – 10pm**

**Friday 5.30am – 9pm**

**Saturday 8.00am - 5pm**

**Sunday 10.00am – 4pm**

**All facilities are closed on the following holidays [New Years Day](#), [Easter Sunday](#), [Memorial Day](#), [July 4<sup>th</sup>](#), [Labor Day](#), [Thanksgiving](#) and [Christmas Day](#).**

**Have a Healthy Wonderful Day!**